

reflection

Objective: Ah, ponder and reflect! How did you do? We want you to think about where you've been, where you're at and where are you going, and for those not getting it.... we're setting you up to think about your Senior Experience.

How to get it done:

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| Step 1: | Respond to the questions in a meaningful & reflective manner | Step 3: | Follow the checklist below and the 6 Trait Writing Rubric |
| Step 2: | Type your responses in a professional manner | Step 4: | Length of responses vary, however, they should give a clear understanding to reader. |

Questions

1. What has been your personal growth from freshman year to now with respect to:
Grades and attendance?
Goal setting?
Decision making?
Activity involvement?
Relationships?
2. You have had the opportunity to review and explore many different careers. What have you learned about your interests, skills and abilities and how they relate to the various career options you've explored?
3. New data shows that the average person entering the workforce today will change careers 10-14 times. How does an understanding of your skills, abilities and interests help you prepare for those kinds of transitions? What have you learned about career exploration and accessing information that will help prepare you for multiple career changes in the future?
4. You have been required to participate in service learning experiences over the past three years. How have these experiences related to your career interests? Is it important to you to continue to contribute to your community for the greater good? What are some ways you could continue to be involved in your community beyond high school?
5. What are your immediate plans after high school and how do you plan to finance those plans?
6. What are some areas to focus on during your senior year in order to better prepare you for your plans beyond high school?
7. What have been the greatest challenges in your educational career? How did you overcome those challenges? Throughout your Senior Experience you may address some challenges. What lessons have you learned in order to face and address challenges in the future?

Checklist for Personal Review Content

All the following components must be reviewed and approved by your advisor before your Personal Review is evaluated for writing proficiency.

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| Yes | No | |
| <input type="checkbox"/> | <input type="checkbox"/> | Content gives a clear depth of understanding to the reader
√ Work is neat, clearly understood, and well organized
√ Work is free of spelling, grammatical and typographical mistakes |
| <input type="checkbox"/> | <input type="checkbox"/> | Clearly articulates meaningful and reflective responses |

Writing Rubric

Content: Did you stick to the prompt and provide adequate detail?

Organization: Did you have a clear beginning, middle, end, and did the paper flow?

Style: Did you use language and tone appropriate for audience, variety of sentences lengths and engage the reader's interest?

Conventions: Complete sentences, correct capitalization, grammar and spelling.